


## SCHOOL MENU WEEK ONE - WEEK COMMENCING 23 SEPTEMBER 2024

	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>P</b>	<b>FR</b>
<b>MONDAY</b>	Fish Fingers with chips & mushy peas <i>G(wheat).M.SB.F</i>	Quorn Sausage Tomato Pasta Bake with broccoli <i>G(wheat)</i>	Jacket Potato with cheese & beans <i>M</i> Tuna Mayo Sandwich <i>G(wheat).M.SB.F.E</i>		Decorated Sponge <i>G(wheat).E</i> or Selection of fresh fruit	
<b>TUESDAY</b>	Spaghetti Bolognese Pasta Spirals with sweetcorn <i>G(wheat)</i>	Salmon & Sweet Potato Fish Cake with potatoes & peas <i>G(wheat).F.SB</i>	Jacket Potato with cheese & beans <i>M</i> Ham Sandwich <i>G(wheat).SB</i>		Raspberry Bun <i>G(wheat).E.SB</i> or Selection of fresh fruit	
<b>WEDNESDAY</b> <b>Sugar Free Day</b>	Pepperoni Pizza with potato wedges & sweetcorn <i>G(wheat).M.SB</i>	Cheese & Tomato Pizza with potato wedges & sweetcorn <i>G(wheat).M.SB</i>	Jacket Potato with cheese & beans <i>M</i> Cheese Sandwich <i>M.SB.G(wheat)</i>		Fresh Fruit Salad & Low-Fat Yoghurt <i>M</i> or Selection of fresh fruit	
<b>THURSDAY</b> <b>French Day</b> 	Haché Parmentier (Savoury Cottage Pie) <i>G(wheat).M.C.E*.SB*.MU*</i>	Ratatouille avec gratin dauphinoise (Vegetable Stew with creamy cheese potato) <i>M</i>	Pomme de Terre en Veste (Jacket Potato with cheese & beans) <i>M</i> or Jambon Beurre Baguette (Ham & Cheese Slice Baguette) <i>G(wheat).SB.M</i>		Crepes Suzette <i>G(wheat).M.SB</i> or Selection of fresh fruit	
<b>FRIDAY</b>	Pork Sausage in a finger t-cake with potato wedges & sweetcorn <i>G(wheat).SD.SB</i>	Cheese & Tomato Omelette with potatoes wedges & sweetcorn <i>M.E</i>	Jacket Potato with cheese & beans <i>M</i> Tuna Mayo Sandwich <i>G(wheat).M.SB.F.E</i>		Mousse or Selection of fresh fruit	

*Also available fresh bread, fresh fruit & salad with milk or water*

*\* May contain*

**Allergen abbreviations:**

**Cereal (gluten) – G**  
**Lupin – L**

**Fish – F**  
**Eggs – E**

**Nuts – N**  
**Soybeans – SB**

**Sulphur Dioxide – SD**  
**Mustard – MU**

**Crustaceans – CT**  
**Molluscs – MO**

**Peanuts – PN**  
**Sesame – S**

**Celery – C**  
**Milk – M**

*C= Jacket Potato choice & D = Sandwich choice (allergens are the same for both options)*

*P = Pudding & FR = Fruit*