

SCHOOL MENU WEEK TWO - WEEK COMMENCING 9 SEPTEMBER 2024

	A	B	C	D	P	FR
MONDAY	Battered Fish with Chips & Mushy Peas <i>G(wheat).F</i>	Mediterranean Pasta Bake with Mixed Veg <i>G(wheat).M</i>	Jacket Potato with cheese & beans <i>M</i> Ham Sandwich <i>G(wheat).SB</i>		Decorated Sponge <i>G(wheat).E</i> or Selection of fresh fruit	
TUESDAY Sugar Free Day	Pork meatballs in a spicy tomato sauce with pasta spirals and sweetcorn <i>G(wheat).M</i>	Quorn Curry with Rice & Mixed Veg <i>G(wheat).M.E.SB</i>	Jacket Potato with cheese & beans <i>M</i> Cheese Sandwich <i>G(wheat).M.SB</i>		Fresh Fruit Salad or Low Fat Fruity Yogurt <i>M</i>	
WEDNESDAY	Sausage & Mash with Carrots and Gravy <i>G(wheat).SB.SD.C.E*.MU*</i> <i>M</i>	Tomato and Herb Pasta with Quorn sausage with Mixed Veg <i>M.G(wheat)</i>	Jacket Potato with cheese & beans <i>M</i> Tuna Mayo Sandwich <i>F.SB.E.G(wheat)</i>		Flap Jack <i>G(oats)</i> or Selection of fresh fruit	
THURSDAY Sugar Free Day	Beef Crumble with Mash Potato, Mixed Veg & Gravy <i>G(wheat).SB.C.E*.MU*M</i>	Sweetcorn & Pepper Quiche with Mash Potato & Beans <i>G(wheat).M.E</i>	Jacket Potato with cheese & beans <i>M</i> Tuna Mayo Sandwich <i>F.SB.E.G(wheat)</i>		Fresh Fruit Salad or Low Fat Fruity Yoghurt <i>M</i>	
FRIDAY	Chicken Wrap with Potato Waffle & Sweetcorn <i>G(whe</i>	Cheese & Tomato Pizza with Potato Waffles & Beans <i>G(wheat).M.SB</i>	Jacket Potato with cheese & beans <i>M</i> Cheese Sandwich <i>G(wheat).M.SB</i>		Mousse Or Selection of fresh fruit	

Also available fresh bread, fresh fruit & salad with milk or water

** May contain*

Allergen abbreviations:

Cereal (gluten) – G
Lupin – L

Fish – F
Eggs – E

Nuts – N
Soybeans – SB

Sulphur Dioxide – SD
Mustard – MU

Crustaceans – CT
Molluscs – MO

Peanuts – PN
Sesame – S

Celery – C
Milk – M

C= Jacket Potato choice & D = Sandwich choice (allergens are the same for both options)

P = Pudding & FR = Fruit