

## SCHOOL MENU WEEK ONE - WEEK COMMENCING 25 MARCH 2024

	A	B	C	D	P	FR
<b>MONDAY</b>	Fish Star Chips & Peas <i>G(wheat).F.SB</i>	Tomato Pasta with Mixed Veg <i>G(wheat).M</i>	Jacket Potato with cheese & beans <i>M</i> Tuna Mayo Sandwich <i>G(wheat).M.SB.F.E</i>		Sponge <i>G(wheat).E</i> or Selection of fresh fruit	
<b>TUESDAY</b> <b>Sugar Free Day</b>	Pepperoni Pizza with Wedges & Sweetcorn <i>G(wheat).M.SB</i>	Cheese Flan with Boiled Potatoes & Beans <i>G(wheat).M.E</i>	Jacket Potato with cheese & beans <i>M</i> Ham Sandwich <i>G(wheat).SB</i>		Fresh Fruit Salad & Low-Fat Yoghurt <i>M</i> or Selection of fresh fruit	
<b>WEDNESDAY</b>	Quorn Curry & Rice with Mixed Veg <i>E.M.G(wheat)</i>	Macaroni Cheese & Broccoli <i>G(wheat).M</i>	Jacket Potato with cheese & beans <i>M</i> Cheese Sandwich <i>M.SB.G(wheat)</i>		Shortbread Biscuit <i>G(wheat)</i> or Selection of fresh fruit	
<b>THURSDAY</b>	Sausage in a Finger T-Cake with Potato Wedges & Sweetcorn <i>G(wheat).SB.SD</i>	Quorn Sausage in a Finger T-Cake with Potato Wedges & Sweetcorn <i>G(wheat).SB</i>	Jacket Potato with cheese & beans <i>M</i> Ham Sandwich <i>G(wheat).SB</i>		Rocket Lolly or Selection of fresh fruit	

*Also available fresh bread, fresh fruit & salad with milk or water*

*\* May contain*

**Allergen abbreviations:**

Cereal (gluten) – G

Fish – F

Nuts – N

Sulphur Dioxide – SD

Crustaceans – CT

Peanuts – PN

Celery – C

Lupin – L

Eggs – E

Soybeans – SB

Mustard – MU

Molluscs – MO

Sesame – S

Milk – M

*C = Jacket Potato choice & D = Sandwich choice (allergens are the same for both options)*

*P = Pudding & FR = Fruit*